

TOOLBOX TOPICS

SUBSTANCE ABUSE

Studies indicate that workers having problems with drugs or alcohol have a higher rate of accidents. Any person impaired on a jobsite or while operating a motor vehicle is a threat to himself and to fellow workers. Substance abusers are absent from work more often and tend to get less work accomplished. The quality of their work also suffers. For these and other reasons, drugs and alcohol have absolutely no place in a work environment.

Make sure you have a copy of your company's substance abuse prevention program. Read it and understand it. If uncertain, ask your supervisor.

If your company has an Employee Assistance Program (EAP) ask your supervisor for information. The EAP is intended to help those who need it, not to punish. If you have a substance abuse problem, ask for help through the EAP. The information will remain confidential.

If you are under the influence of any medication that could hinder you on the job, tell your supervisor. It may be better to stay at home or perform less hazardous work.

Don't take medication that is prescribed for someone else.

BE SAFE! STAY SOBER! IT WON'T COST YOU ANYTHING.

